

MONTGOMERY PARKS & RECREATION

Summer Camps Newsletter



Montgomery Parks & Recreation
356 Skillman Rd
Skillman NJ 08558
609-466-3023
www.montgomeryrecreation.com

SUMMER NEWSLETTER

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Alternate

Sreedhar Cherukuri

Alternate

Himanshu Bhatia

TC Liaison

Neena Singh

Advisor

Matt Rosenthal



MISSION STATEMENT

To respond to the needs of the community we serve and enrich the lives of the residents through well-balanced recreational offerings and lifelong learning. We strive to offer quality recreational and educational programs for personal and professional development.

Would you like to receive Montgomery municipal notices, weather closings, and much more? It's free and easy to sign up!

Go to the Montgomery Township website at twp.montgomery.nj.us and add your address in the white and green "Sign-up for Ebulletins" box at the right.

Or you can text "InMontgomeryNJ" to 22828 on your phone to provide the e-mail address you would like added to the Twp. E-bulletins system.



MONTGOMERY
TOWNSHIP, NEW JERSEY

Important Phone Numbers

Parks & Rec Office	609-466-3023
Parks & Rec Fax	609-466-6761
Senior Center	609-466-0846
Food Pantry	609-466-1054
Public Works	908-874-3144
Municipal Building	908-359-8211
Wellness Coord.	609-366-2503

HOW TO REGISTER



Registering for classes is easy. You can register online with a credit card at:

<https://register.communitypass.net/Montgomery>

**Exact Cash, Check or Credit Card accepted at OKCC
(CC has a 2.99% transaction fee)**

Late Fees/Discounts:

To avoid a late fee, you must register for a class prior to the start date. A \$25 late fee is charged if you register the same day the class/program begins. Classes may be cancelled due to low participation, so please register at least a week before the class begins! Military members will receive a 10% discount with a military I.D. Seniors (55+) can also receive a 10% discount.

Refund Policy:

Fees are Non-Refundable. If the class/program is cancelled due to lack of participants, you will receive a full refund. Otherwise there are NO refunds.
Credit Card convenience fees are Non-Refundable.

**Photo Policy: On occasion we may take photos or videos of individuals enrolled in programs or using park facilities. Please be aware that these images may be used in our brochures, flyers, Facebook or on our website. To opt out please email the Rec Dept. at recreation@twp.montgomery.nj.us **

STAY CONNECTED TO US!!

Website: www.montgomeryrecreation.com

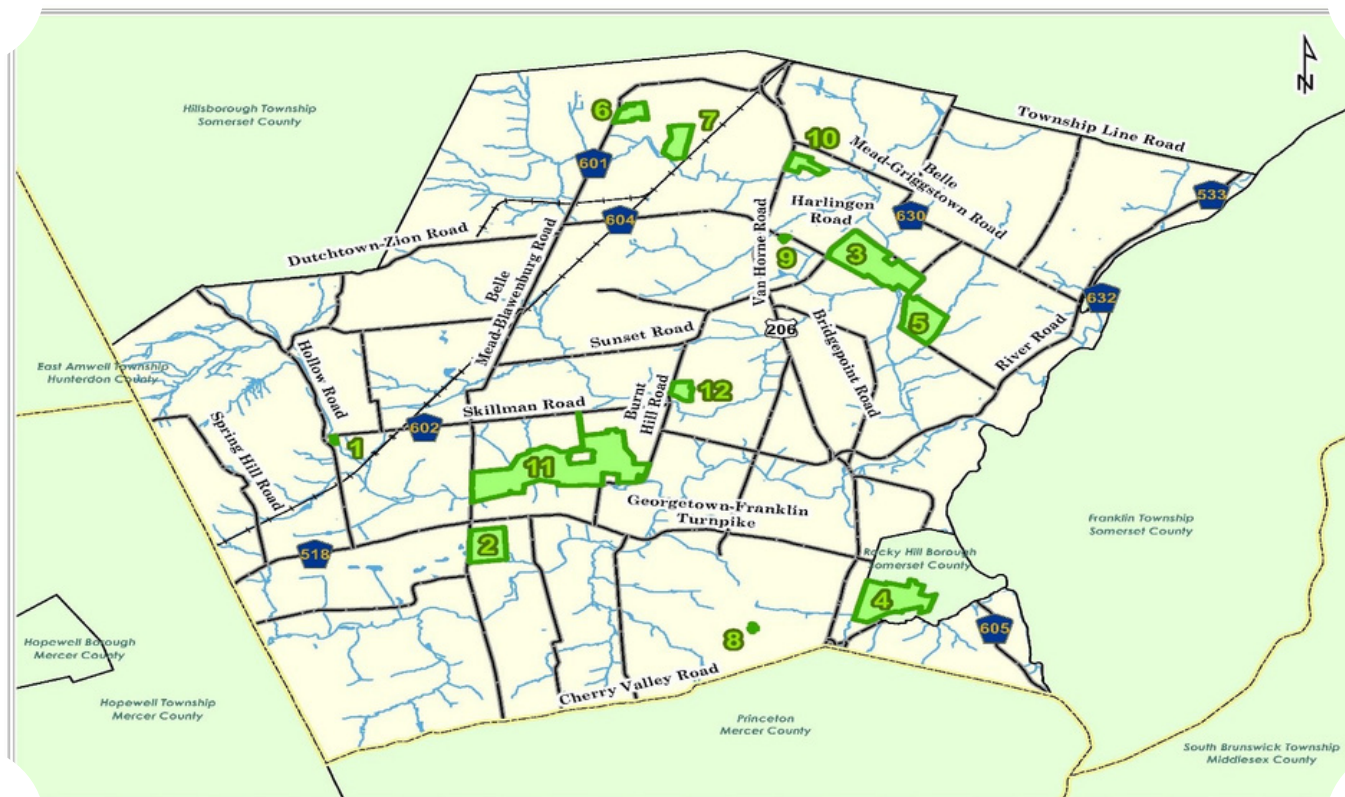
Facebook: www.facebook.com/montgomerytownshiprecreationnj

Instagram: www.instagram.com/montyrec

Twitter: www.twitter.com/MontyRec



PARK LISTINGS



1. Bessie Grover

20 Camp Meeting Avenue, Skillman
Playground, grills, port-o-potty

2. Hobler Park

1645 Great Road, Skillman
Playground, pathways, gazebo, port-o-potty, birdwatching

3. Montgomery Veterans Park

235 Harlingen Road, Belle Mead
Playground, pathways, restroom, picnic/pavilion area (2), grills, lighted basketball courts (2), lacrosse fields, softball fields, sand volleyball, 9/11 and Veterans' Memorials

4. Van Horne Park

1225 State Road (Rt 206), Princeton
Playground, picnic/pavilion area, restroom, paved pathways, basketball courts (2), softball fields (2), multipurpose fields (2) lacrosse wall, picnic tables & grill

5. Mill Pond Park

29 Mill Pond Road, Belle Mead
Playground, restroom, soccer fields (7), pathways, shade structure, picnic tables & grill

6. Lubas Field

285 Belle Mead-Blawenburg Road (Rt 601), Belle Mead
Lighted multipurpose field, playground, port-o-potty

7. Broadway

140 Broadway, Belle Mead
Cricket field, port-o-potty

8. Woods Edge Park

66 Harvard Circle, Princeton
Playground, swing set, picnic area restroom, basketball court, tennis courts (2), sand area, pickleball court, shade structure

9. Harlingen Gazebo

37 Harlingen Road, Belle Mead
Gazebo

10. Dog Park

2261 Van Horne Road (Rt 206)
Belle Mead
Dog Park & Playground behind former Police Station

11. Skillman Park/Dog Park

130 Main Blvd, Skillman
Owned by Somerset County; to Reserve this Park, call 908-722-1200 ext 5225

12. Tennis Courts at LMS

375 Burnt Hill Road, Skillman
Tennis Courts (8), Pickle Ball/Tennis Court Combo (2)
outside of normal school hours

**To reserve a park or if you see something that needs attending to please contact the
Parks & Recreation Dept. at 609-466-3023**



Last year's triumphant return of our annual fireworks display was the best one yet!! This year's event will be held on Thursday, June 29th on the front lawn of Montgomery High School (1016 Rt 601). Festivities begin at 6pm with vendors, music and games/activities for children.

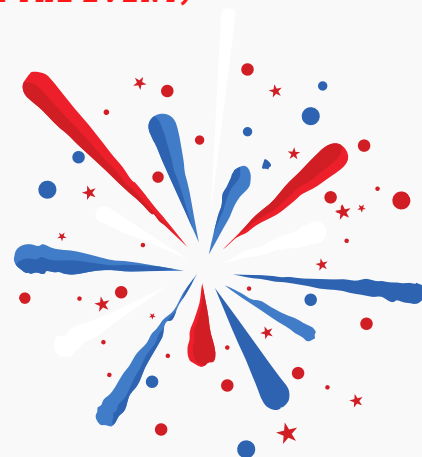
The fireworks are once again funded by contributions from individuals, corporations, and small businesses, plus fees from our local vendors, making this a true community event. If you would like to make a donation or become a sponsor, please go to: www.montgomeryfireworks.org

In addition to on-line donations, individual donations (checks) can be mailed to Montgomery Fireworks c/o Montgomery Parks & Recreation, 356 Skillman Road, Skillman, NJ 08558. There will be free parking available off-site, but if you want priority parking in the high school parking lot, you may purchase parking passes for \$20 at the Parks & Recreation office or online at: <https://register.communitypass.net/Montgomery>

(PARKING PASSES WILL BE MAILED OUT 10 DAYS BEFORE THE EVENT)

Reminders: Bring a blanket or chairs, alcohol is prohibited and all pets must remain at home.

Thanks again to all of our wonderful supporters!!



REC N CREW & Y.O.M.



REC N CREW AND YOUTH OF MONTGOMERY (YOM) CAMPS

We are preparing for another amazing season of Rec n Crew camp for grades 1-6! Rec n Crew will be filled with multiple guest entertainers, themed weeks, arts & crafts, games and plenty of fun! Camps will be held from **June 26 - August 4 (No Camp July 4th)**. Pre-camp and post-camp options are available for an additional fee.

FULL CAMP DETAILS FOR BOTH REC N CREW CAN BE FOUND ON OUR WEBSITE.

Camp Locations:

Rec n Crew - 1st - 6th: Orchard Hill

You may register online with a 2.99% fee, or you can register in person at the Rec Dept., Mon - Fri, 8am to 9pm.

No refunds will be given for camp, please register after you have carefully reviewed your summer itinerary.

Fees:

Rec n Crew **Pre-Camp**: 7:30 am - 8:30 am: \$150 per camper

Rec n Crew **Camp**: 8:30am - 3:00pm: \$700 per camper

Rec n Crew **Post-Camp**: 3:00 pm - 6:00 pm: \$275 per camper (There will no longer be snacks provided)



Interested applicants **MUST be available for the entire camp season** (6/26-8/4). If you're 14 or 15 years old, you may consider applying to be a Counselor in Training (This is a non-paying position)

Interested candidates should visit our website or contact Chris Zimmerman at czimmerman@montgomerynj.gov

If you enjoy being outdoors and playing games with children, then we have the job for you! We are looking for fun, energetic, reliable, enthusiastic individuals— teens and adults—who are interested in being a part of our Rec N Crew Camp and YOM team in a wide variety of roles.



CREATIVE CAMPS AT A GLANCE

JUNE



Band Camp

June 26 - Aug 2

JULY



Theater Camp

July 10-21

July 24-28

July 31- Aug 11



Film Camp

July 10-14



Jr Chef Camp

July 17-21



Mad Science Camp

July 24-28



Young Rembrandts

July 31 - Aug 4

AUGUST



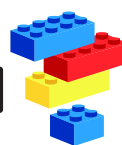
Bricks 4 Kidz

Aug 7 - 11



Diplomat Chess

Aug 14 - 18



CREATIVE CAMPS



LET'S PUT ON A MUSICAL

Experience the fun of musical theater in Montgomery! Campers put on a fully staged musical in just two weeks! In addition to making up the cast, students have the opportunity to be involved with all aspects of production, from set design to choreography. Students develop their craft through acting exercises & improvisational games and have FUN! Our Teen Intensive camp features a session with guest artist Amy Justman, a professional Broadway Performer!

Session 1: The Spongebob Musical (youth edition)

Dates: Mon-Fri, Jul 10 - 21 (2 weeks)

Time: 8:30am - 3:30pm

Grades: entering 5-9

Cost: \$650 (includes all materials)

Limit: 32 students; Min 20

Session 3: Disney's The Jungle Book

Dates: Mon-Fri, July 31 - Aug 11 (2 weeks)

Time: 8:30am - 3:30pm

Grades: entering 2-6

Cost: \$650 (includes all materials)

Limit: 30 students; Min 20

Location: MHS Chorus Room & MPAC

Instructor: David and Dana Gordon; dgordon@mtsd.us

Session 2: Anything Goes – ONE WEEK INTENSIVE

Dates: Mon-Fri, Jul 24 - 28

Time: 8:00am-4:00pm

Grades: entering 7-12 For those with some theater experience

Cost: \$425 (includes all materials)

Limit: 24 students; Min 16



INCREDIFLIX FILM CAMP

Action Movie Flix 9:00am-12:00pm

There's no limits in your action packed movie when using a green screen and camera tricks. Adventures await as you transport anywhere, from captaining a spaceship, to climbing the highest mountain. You'll collaborate to write, act & direct in this stunt packed movie where you'll be taught action choreography to thrill the audience.

Action Stop Motion 1:00pm-4:00pm

Use stop motion tricks to create fires, explosions, & even floods, as your characters can battle it out or work together to save the day in this action packed stop motion class. Work in small groups to storyboard, create the action film, and voice-over these exciting movies.

Date: Mon - Fri, July 10 - 14

Grades: 3-7

Cost: \$260 (for AM OR PM);

\$455 (for FULL DAY - supervised lunch)

Location: OKCC Large Meeting Room

Instructors: Incrediflix: chia@incrediflix.com



All Flixs are downloadable within a month after camp ends. For more information please visit: www.IncrediFlix.com

CREATIVE CAMPS

JR. CHEF COOKING CAMP



Junior Chef Box given to students, which contains a cute apron, laminated recipe sheets, science experiments, a baking tool & silicone liners.

Junior Chef Box – Baking Wizard (9am – 12pm)

Join an exciting baking retreat! We will bake a variety of recipes like chocolate cake, cinnamon rolls, mozzarella sticks, cupcakes and many more mouth-watering treats.

Junior Chef Box – Sweet & Savory (1pm – 4pm)

Students will confidently cook for family and entertain friends. We'll make recipes like Bombon Cookies, homemade garlic knots, mini donuts, veggie patties, ice cream cake, brownie bums, etc.

Date: Mon – Fri, July 17 – July 21

Times: Half-Day: 9 – 12pm **OR** 1 – 4pm \$240

Full day 9 – 4 pm (supervised hour, bring lunch): \$410

Grades: K – 6

Location: OKCC Large Meeting Room

Instructors: Jr Chef Box; www.juniorchefbox.com or (732-789-8244)

BRICKS 4 KIDZ

IMAGINATION UNLIMITED – LEGO Motorized Model Build

Kids have loads of fun as they use LEGO® bricks to explore the world of engineering and architecture in a friendly and team-based environment. Take this one step further and make your model robotic by using WEDO, programming it on the computer to make it to do whatever you want! **(9 am – 12 pm)**

BRICK CRITTER w/REMOTE CONTROL – LEGO Motorized Models

Dive to the depths of the ocean with Dory to help her search for her family & build other favorite sea life as well. In addition to imagining what pets do when left alone, build various critters, including motorized buzzing bees, fluttering butterflies & more. Kids will love to see their creations in motion using LEGO® wireless remote controls. **(1 – 4pm)**

Date: Mon – Fri, Aug 7 – Aug 11

Grades: K – 5

Half-Day: 9 – 12pm **OR** 1pm – 4pm \$230

Full day 9 – 4 pm (supervised hour, bring lunch): \$385

Location: OKCC Large Meeting Room

Instructor: Bricks4Kidz www.bricks4kidz.com/345 or centralnj@bricks4kidz.com (732-789-8244)

All campers will get a gift of custom Mini-figure



MAD SCIENCE

Chemical Curiosities

Become a skilled science sleuth while investigating the role of chemistry at the scene of a crime! Learn about chemical reactions as you grow crystals. We will use dental alginate to make fabulous finger molds and the chemistry continues as we create sidewalk chalk from scratch, design chromatography bandanas to take home, and even make your very own ice cream!

Dates: Mon – Fri, July 24 – 28

Time: 9am – 12pm

Grades: 1–6

Cost: \$200 (includes all materials)

Location: OKCC Large Meeting Room

Instructor: Mad Science of West NJ

For more information:

<http://wnj.madscience.org>



CREATIVE CAMPS

BAND CAMP

Open to anyone who has played a brass, woodwind or percussion instrument for a year or more; primarily for elementary & middle school students, grades 4 & up. It is not for those who've never played before. We rehearse a varied selection of music, culminating with a performance on 8/2. We welcome parents who play brass, woodwind, or percussion instruments!!

Dates: Mon/Weds, Jun 26 - Aug 2
(No class 7/3 or 7/5) (Extra Rehearsal 8/1)
Time: 7-8pm
Grades: 4th grade and up
Cost: \$135 per student (no charge for parents)
Location: MHS Band & Chorus Room
Instructors: Cheryl Houston
(chouston@mtsd.us) & Dave Rabinowitz
(drabinowitz@mtsd.us)



DIPLOMAT CHESS CAMP

Camp time is divided between interactive group lessons, practice games, chess puzzles and special chess activities. We'll also take time for snack/recess and enjoy some fresh air. Lessons range from the basic rules to advanced tournament strategies and analysis of famous Grandmaster games. All chess equipment is provided and all skill levels are welcome!

Dates: Mon - Fri, Aug 14 - 18
Costs: Half Day \$245 (9am - 12pm OR 1 - 4pm, bring water & snack)

Full Day \$410 (9am - 4pm, includes supervised lunch hour, bring water, lunch & snacks)

CLASS FULL

Grades: 1 - 5
Instructor: Diplomat Chess - for questions or more info, please email info@diplomatchess.com or call (973)908-8900



YOUNG REMBRANDTS DRAWING CAMP

STEAMin' UP SUMMER

9:30 - 11:30am

Calling all artists, scientists, engineers & math lovers! We'll dive into a new discipline every day so that all children learn their possibilities. Students will illustrate different types of Sciences, new Technologies, incredible feats of Engineering and striking Math principles - all while creating crazy awesome Art.

Dates: Mon - Fri, July 31 - Aug 4

Grades: 1-6

Cost: Half day: \$180 (AM or PM)

Location: OKCC Large Meeting Room

Instructor: Jason Wilkes; wilkes@youngrembrandts.com

www.youngrembrandts.com/centralwestjersey/

PASTEL DRAWING WORKSHOP -ART HISTORY WITH THE MASTERS

12:30 - 2:30pm

Each day we'll create one large drawing in pastel chalks. We'll create wonderful artwork while being inspired by Edvard Munch's The Scream, Pablo Picasso's Woman in Hat, Vincent Van Gogh's Chair, and Claude Monet's Regatta at Argenteuil. Please wear an old shirt or smock to class each day.



SPORT CAMPS AT A GLANCE

JUNE



Coach Griff's Athletic Camps

June 26- Aug 4



Co-Ed Soccer

June 26 - 30



Girls Basketball(Jr.)

June 26 - 30



Co-Ed Volleyball

June 26 - 30



Grundy Hoops

June 26 - 30



Fal-Rooney

June 26 - 30

JULY

Tennis Camp

July 6 - Aug 10

July 9 - Aug 13

Girls Softball

July 10 - 13

Boys Soccer

July 10 - 14

Grundy Hoops

July 10 - 14

Cricket Camp

July 10 - 14

Girls Soccer

July 17 - 21

Track & Field

July 17 - 21

Girls Basketball

July 17 - 21

JULY



Fal-Rooney

July 17 - 21



Track & Field

July 17 - 21



Football

July 24 - 28



Kickball Camp

July 24 - 28



Grundy Hoops

July 24 - 28



Cross Country

July 31 - Aug 24



Girls Lacross

July 31 - Aug 4



Girls Basketball

July 31 - Aug 4

AUGUST

Jr Golf

Aug 7 - 10

Grundy Hoops (Little Tikes)

Aug 7 - 10

Grundy Hoops

Aug 7 - 11

Fal-Rooney

Aug 7 - 11

Aug 14 - 18

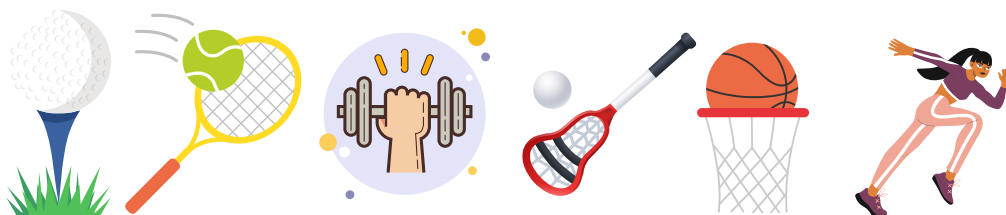
Aug 28 - 31

Tennis Camp

Aug 21 - 25

Tennis Camp

Aug 28 - Sept 1



SPORT CAMPS



**Instructor: Jim Griffin MS,CSCS, PES, NASE 609-915-7414 or
coachgriffcscs@gmail.com**

COMPLETE ATHLETE TRAINING

A 17 session, 3 workouts per week program designed to develop the total athlete. Includes speed and agility training as well as Power Block training. Proper lifting techniques and training habits are covered.

Dates: June 26 - Aug 4 (Mon/Wed/Fri)

Times: 7:10-9:10am (Mon/Wed) 7:30 - 9:00am (Fri)

Grades: 7-12

Cost: \$295

Location: MHS Weight Room



SPEED & AGILITY

This program is geared to make you a better athlete. You will improve running form, foot work, stride length, and efficiency. Not a conditioning program; goal is explosive power.

Dates: June 26th - August 2nd (No July 3rd)

Days: Monday/Wednesday

Time: 7:10am - 7:50am

Grades: 7th-12th

Cost: \$180

Location: MHS Cougar Stadium or Aux Gym



POWER BLOCK TRAINING

A total body training model by Strength Coach Jim Griffin. Development in strength, stability, muscular endurance, flexibility, and coordination. Instruction includes proper lifting techniques and training fundamentals.

Dates: June 26th - August 4th (No July 3rd)

Days/Time: Monday/Wednesday 7:10am - 9:10am
& Friday 7:30 - 9:00am for weight training

Grades: 7th-12th

Cost: \$210

Location: MHS Weight Room



SPORT CAMPS

KICKBALL CAMP

Campers will develop techniques and skills that will transfer into various types of kickball games. Our Sports counselors focus on teamwork, fair play, cooperation, and sportsmanship all while providing a fun play environment. Sneakers are required. Bring a water bottle!

Dates: Mon - Fri, July 24-28

Times: 9:00am - 12:00pm

Grades: 1-8

Cost: \$160

Location: UMS Gym

Instructor: Coach Bryan Upshaw

bupshaw@mtsd.us



NEW! CRICKET CAMP

Campers will learn the basic fundamentals of cricket. Campers will improve their skills with various drills & game-like situations.

Dates: July 10-14

Time: 4:30pm to 6:30pm

Age: 12-20

Location: Montgomery Veterans Park

Cost: \$140



TENNIS

Foundation Tennis: Designed to introduce players to the fundamentals of tennis, including stroke technique, serving, court awareness and rallying. A low pressure, yet energetic environment, ensuring optimal learning, all the while maintaining the enjoyment factor of being on the tennis court.

Development Tennis: Designed for players who have previous experience, and a good understanding of tennis' fundamental skills. Players will work towards refining their technique, generating consistent rallying skills, and grasping how to dictate direction of play to make game winning shots.

Dates: Thursdays, July 6th - August 10th

Times: 4:00pm - 4:50pm - **Foundation Tennis** - Grades K - 3

5:00pm - 5:50pm - **Development Tennis** - Grades 3 - 5

6:00pm - 6:50pm - **Foundation Tennis** - Grades 6 - 9

Dates: Sundays, July 9th - August 13th

Times: 9:00am - 9:50am - **Foundation Tennis** - Grades K - 3

10:00am - 10:50am - **Foundation Tennis** - Grades 3 - 5

11:00am - 11:50am - **Development Tennis** - Grades 6 - 9

Cost: \$155 per session

Location: UMS Courts



USSI - <https://ussportsinstitute.com/>

SPORT CAMPS



CO-ED SOCCER



Campers will learn the basic fundamentals of soccer. Campers will improve their skills with various drills & game-like situations. Bring cleats, sneakers, shin guards, and a water bottle. Bring lunch.

Dates: Mon - Fri, June 26-30

Times: 9- 12pm

Grades: 1-3

Cost: \$160

Location: OKCC

Instructor: Rickey Steeb, MHS Coach, rsteeb@mtsd.us

CO - ED VOLLEYBALL

Players will be grouped by age and ability. Learn fundamental skills including passing, bumping, serving, setting, defense, offense, proper transitioning & hitting. Games will be played each day!

Dates: Mon - Fri, June 26 -30

Times: 9:00am - 3:00pm

Grades: 5- 9

Cost: \$285

Location: MHS Aux Gym

Instructor: Kelsey Donovan: kdonovan@mtsd.us

Lauren Horowitz: lorowitz@mtsd.us

Alex Kristopovich: akristopovich@mtsd.us



GIRLS SOCCER



Your child will learn the basic fundamentals of soccer. Each camper will improve their skills in passing, dribbling, shooting and other soccer specific skills. Through drills and games, campers will enjoy their time but also improve their skills and help build the Montgomery Cougar soccer program for the future. Please bring cleats, shin guards, sneakers, and water!

Dates: Mon - Fri, July 17 -21

Times: 9-12pm

Grades: 4-8

Cost: \$160

Location: MHS Cougar Stadium

Instructor: Yannick Smith MHS Coach, ysmith@mtsd.us

SPORT CAMPS

GIRLS BASKETBALL

These camps will have different drills to help players of all ages and abilities improve their basketball skills. A typical camp day will have stations, morning game, lunch, competitions, and an afternoon game. The camp is run by Coach Matt Margon, his staff and players from the girls basketball program. Don't forget to bring a water bottle, lunch, and money for the camp store!

Dates: Week 1: Jul 17-21 (M-F)
Week 2: July 31- Aug 4 (M-F)

Times: 9 – 3pm

Grades: 3-9

Cost: \$285

Location: MHS Main Gym

Instructor: Matt Margon;

MHS Coach mmargon@mtsd.us



JR. GIRLS BASKETBALL

This summer for the first time ever Montgomery Girls Basketball will be running a camp for girls going into grades K through 3. This camp is a great introduction to the game. A typical camp day will have basketball drills, competitions and games. The camp is run by Coach Matt Margon, his staff and players from the girls basketball program. Don't forget to bring a water bottle!

Dates: Mon - Fri, June 26 - 30

Times: 1:00pm - 4:00pm

Grades: K-3

Cost: \$160

Location: OKCC

Instructor: Matt Margon;

MHS Coach mmargon@mtsd.us



CROSS COUNTRY CAMP

This camp helps students who are interested in improving their endurance and long distance running abilities. It is spread out over the course of four weeks to enhance development of running skills. Remember a large water bottle!

Dates: July 31 - Aug 24

Times: 6:30- 8pm

Grades: 5-8

Cost: \$200

Location: Mon-Skillman Park,

Tues-Monty Park, Thur-UMS

Instructor: Claire (MHS Coach) & Rob Scarpa
cscarpa@mtsd.us



TRACK & FIELD CAMP

Our camp will focus on fundamental skills of athletic training as well as track and field training with guided repetition in basic track and field drills. Athletes will attempt to build on their repetitions to test out in specific track events such as sprints, mid-long distance running, long jump, and the shot put. Every athlete will get times/measurements by the end of the week's training. Our typical practices will range from athletic development, specific track event skill training, track and field event measurements, training videos (Indoors), and cooperative games for fitness. Remember a large water bottle!

Dates: Mon - Fri, July 17 - 21

Times: 9am - 12pm

Grades: 4-8

Cost: \$160

Location: UMS Track

Instructor: Instructor: Vincent Figueroa & Rickey Steeb
vfigueroa@mtsd.us or rsteeb@mtsd.us



SPORT CAMPS

FOOTBALL: NON- CONTACT

Non-Contact Football Camp

Directed by Zoran Milich, MHS Varsity Head Coach and assisted by Sean Carty, MHS Offensive Coordinator, this camp will teach campers the proper techniques and drills for their specific positions. Campers will be exposed to offense, defense & special teams. Non-contact touch football games are played. ***Bring sneakers, cleats, water bottle and lunch!***

Dates: Mon - Fri, July 24 - 28

Times: 9 - 3pm

Grades: 6 - 9

Cost: \$285

Location: MHS Cougar Stadium

Instructor: Zoran Milich; MHS Football Coach, zmilich@mtsd.us



GIRLS SOFTBALL

You will be taught the proper fundamentals for fielding, throwing, hitting, baserunning and overall knowledge of the game. Students will learn the fundamentals and mechanics behind pitching and catching. There will be more advanced drills and stations setup for the girls who have played multiple years, and all children will be divided up accordingly. Each day will end in a fun and educational game or scrimmage.

Dates: Mon - Thur, July 10 - 13

Times: 9 - 12pm

Grades: 2-9

Cost: \$160

Location: MHS Softball Field

Instructor: Coach Brian Upshaw, bupshaw@mtsd.us
current varsity players and D-1 players



GIRLS LACROSSE

Players will learn the fundamentals of girls lacrosse through drill work, as well as live gameplay situations. All players need all required equipment including: mouth guard, lacrosse stick, goggles, and cleats/sneakers. Players should also bring plenty of water.

Dates: Mon- Fri, July 31 - Aug 4

Times: 9 - 12pm

Grades: 2-9

Cost: \$160

Location: Cougar Stadium

Instructor: Joe Riccardi; MHS Coach
jriccardi@mtsd.us



BOYS SOCCER

Campers will learn the basic fundamentals of soccer. Campers will improve their skills with various drills & game-like situations. Bring cleats, sneakers, shin guards, and a water bottle. Bring lunch.

Dates: Mon - Fri, July 10 - 14

Times: 9 - 3pm

Grades: 4-10

Cost: \$285

Location: Cougar Stadium

Instructor: Rickey Steeb, MHS Coach, rsteeb@mtsd.us



SPORT CAMPS

FAL - ROONEY CAMP

Directed by Johnny Rooney and Assistant Directors Mike Falco and Justine Hickman. Campers participate in team and individual events, games, competitions, talent shows, obstacle relays, arts and crafts, and much more. The pool is back! They have a full time nurse as well as a CPR/First Aid/EpiPen trained staff.

Dates: June 26 – 30 (M-F)
July 17 – 21 (M-F)
Aug 7-11 (M-F)
Aug 14-18 (M-F)

Times: 9-2pm
Pre Game: 8-9am
Overtime: 2-5:30pm

Grades: 1st – 9th

Cost: Camp: \$379 (Per Child)
Pre Game: \$99 (Per Family)
Overtime: \$175 (Per Family)

Location: LMS Gym
Instructor: Johnny Rooney
For more information: www.FalRooney.com



FAL- ROONEY PREP FOR SCHOOL CAMP

If your child is nervous about the start of school this is the camp for you. This will be a week of gym class to prepare for the start of school. All the activities and games will be stressing following directions, team games, winning, losing, working together while having fun. It will also give your children a chance to see some familiar faces and make some friendships before the first day of school.

Dates: Mon - Thurs, August 28 – 31
Times: 9:00am – 11:30am
Grades: entering grades K and 1st grade in Fall 23
Cost: \$179
Location: OKCC
Instructor: Johnny Rooney
For more information: www.FalRooney.com

USSI TENNIS CAMP

Participants learn the basic fundamentals of stroke production, court movement & footwork skills in a low pressured, yet energetic environment.

Dates: Week 1: Aug 21 – Aug 25 (M-F)

CLASS FULL

Week 2: Aug 28 – Sept 1 (M-F)

Times: 9:00am to 12:00pm
Grades: K-9
Cost: \$219 per session
Location: UMS Courts

Instructor:
<https://ussportsinstitute.com>



SPORT CAMPS



GRUNDY HOOPS BASKETBALL CAMP

Campers will improve their skills with various drills & game-like situations. Camps have new drills & new games each week. For more info check out www.grundyhoops.com.

*****Sign up for Little Tikes Basketball & Jr Golf - Coach Joe Bassford will watch the campers in between camps and parents can pick them up after basketball camp.*****

Sign same child up for a 2nd week: \$280 (For Week 2)

Sign same child up for a 3rd week: \$270 (For Week 3)

Sign same child up for a 4th week: \$260 (For Week 4)

Sibling Discount - \$10 off when registering more than one child for same week

Dates: June 23 - 30 (M-F)

July 10 - 14 (M-F)

July 24 - 28 (M-F)

August 7 - 11 (M-Th)

Times: 9-3pm

After Care: 3 - 5pm

Cost: Weeks 1-4 - \$295

After Care: \$125 (siblings included)

Grades: 3-9

Location: MHS Gym

Instruction: Kris Grundy; MHS Coach
grundyk2@gmail.com



BOYS LITTLE TIKES BASKETBALL CAMP

Dates: Mon - Thur, August 7 - 10

Times: 12:00pm - 2:00pm (No Aftercare Available)

Grades: 1-3

Cost: \$160

Location: OKCC

Instructor: Kris Grundy MHS Coach, grundyk2@gmail.com
and Joe Bassford jbassford@mtsd.us

JR. GOLF

Camp is designed to educate junior golfers about rules, etiquette, chipping, and putting through FUN drills & games. All ability levels are welcomed. Modified equipment is provided for beginners; advanced campers should bring their own clubs. Limited clubs available. ***Bring a water bottle and snacks. *If staying for Basketball Camp please bring lunch****

Dates: Mon - Thur, August 7 - 10

Times: 8 - 11:30am

Grades: K-5

Cost: \$160

Location: OKCC

Instructor: Joe Bassford; jbassford@mtsd.us & Jen Jones, MHS Coaches



INDEPENDENT LEAGUES

Please contact these leagues for more information.
Montgomery Parks and Recreation does not run these programs.

Montgomery Baseball League (MBSL)

President — Eric Seguin ericdseguin@gmail.com www.montgomerybaseball.com

The Montgomery Baseball League is open to all residents of Montgomery Township & Rocky Hill Borough, ages 4 — 16 yrs. old and is aligned with Cal Ripken & Babe Ruth Baseball based on age. Activities are held at McKnight Complex. We offer Spring Rec, Summer Sandlot & Fall Ball

Montgomery Softball League (MBSL)

President — Eric Seguin ericdseguin@gmail.com www.montgomerybaseball.com

The Montgomery Softball League is aligned with Babe Ruth Softball and is open to all residents of Montgomery Township & Rocky Hill Borough, ages 4 to 16 yrs. old. Activities are held at Veteran's Park and McKnight Complex with limited travel to nearby towns for away games. We offer Spring Rec, Summer Sandlot & Fall Ball.

Montgomery Basketball League

President — Laura Kyler President.montgomerybasketball@gmail.com www.montgomerybasketball.com

Winter Season - MBA offers Recreational Basketball for grades K-12 and Travel Basketball for grades 4-8. Rec Basketball runs from the beginning of December thru the end of February. Travel Basketball runs from November thru mid-March. Registration opens the first week of September.

Central Jersey Flag Football

President — Matt Rosenthal commissioner@centraljerseyflag.com www.centraljerseyflag.com

Flag Football is a non-contact sport in which participants pass, catch, run, and have FUN! Open to residents of Montgomery Township & Rocky Hill Borough, as well as surrounding towns. Central Jersey Flag is nationally affiliated with NFL FLAG and supports girls and boys grades K-9. Adult league is open to participants who are 25 or older. CFJ offers both a spring and fall season.

Montgomery Lacrosse

President - Chuck Petrozzini info@montgomerylacrosse.com www.montgomerylacrosse.com

Registration is held November - January. Pre-Season begins in early March - May. MYLC emphasizes teamwork, sportsmanship, respect, discipline and most of all fun! Boy's practices are held at Van Home Fields/MHS Turf, Girls are held at Harlingen Fields/MHS Turf.

Montgomery Wrestling

President - John Moyle montgomerywrestling@gmail.com www.leaguelineup.com/montgomerywrestling

This program is for beginner and experienced Wrestlers grades K - 6th grade. Practices begin in November - February and are held at the UMS Cafeteria and MHS Auxiliary Gym. Wrestling builds strength, flexibility, endurance and confidence. *Team Parent* - Julie Igawa Fong

Montgomery Travelers Soccer Club

President — Ralph Spicer president@montgomerysoccer.org www.montgomerysoccer.org

MTSC is a local nonprofit organization that offers both Recreational and Travel soccer programs for children ages 3-18, in fall, winter (indoor), spring, and summer, for both new and experienced soccer players. All programs are coached by professional coaches with advanced US Youth Soccer licenses

Montgomery Special Olympics

www.somontgomery.wordpress.com

MSO provides sports, training and competition for children and adults with intellectual disabilities. Programs are run from September to June and use Montgomery School sport facilities. These sports include swimming, soccer, volleyball, basketball, track and field, fitness to music, tennis, golf and many others.



Montgomery Parks & Recreation



356 Skillman Rd, Skillman NJ 08558



609-466-3023

www.MontgomeryRecreation.com

Adult/Parent Name: _____

Address: _____

Phone: _____ Email address: _____

Emergency Contact Name & Number: _____

Participant 1: _____ Male/Female (circle one)

Grade: _____ Age: _____ T-Shirt Size (if applicable) _____

Program: _____ Dates: _____ Location _____ Fee \$ _____

Program: _____ Dates: _____ Location _____ Fee \$ _____

Program: _____ Dates: _____ Location _____ Fee \$ _____

Participant 2: _____ Male/Female (circle one)

Grade: _____ Age: _____ T-Shirt Size (if applicable) _____

Program: _____ Dates: _____ Location _____ Fee \$ _____

Program: _____ Dates: _____ Location _____ Fee \$ _____

Program: _____ Dates: _____ Location _____ Fee \$ _____

Total Due: \$ _____

Checks payable to: Montgomery Recreation, 356 Skillman Rd, Skillman NJ 08558

I understand I will NOT receive a refund or credit for any class/program/trip unless it is cancelled by the Recreation Department.

Signature

Date

**Do you need reasonable modifications due to a disability as defined by the ADA in order to participate in the above program (s)?
Yes/No (circle one)**

*Note: Please make separate checks for aquatics & after school classes. All non-residents must pay an additional out of town fee (\$30) per program.
Senior Citizens (55+) may take 10% off Adult Classes.*

If paying by credit card, I authorize the recreation staff to enter my cc information. _____