

# Cougar Football - Youth Skills and Drills

Event Date

Weekly on Sunday at 6:00pm until Sun, May 19 2024

Recent

- Sun, May 19 2024, 6 - 7:15pm

Introduce and develop the fundamental skills of football through individual and competitive drills. Focus areas are throwing, catching, and running with the football, defending the pass and the run, angles, eyes and approach to tackling or pulling the flag and more.

Dates: Sun - April 7th - May 19th (no 5/12)

Times: 6:00 - 7:15pm

Grades: 3-6

Cost: \$160

Location: Cougar Stadium

Instructor: Coach Carty - cartyskills [at] gmail.com